


For questions & comments about
glidefree™ Transfer Board Strips,
contact us by phone or email:



(763)795-0057 local
(866)795-0057 toll-free
info@tamarackhti.com

 **Bag is compostable -
do NOT recycle.**

 Roll core and instructions may
be recycled.



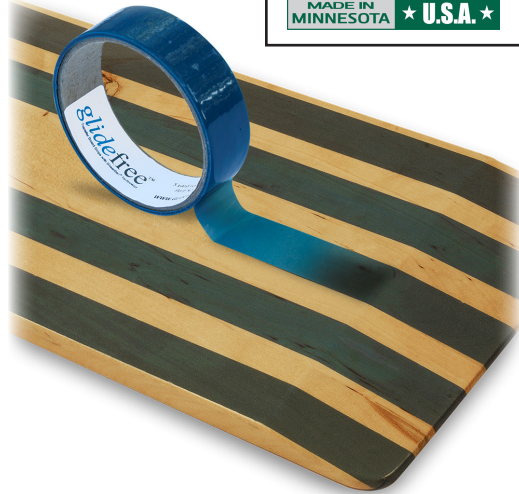
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glidefree™
Transfer Board Strips with ShearBan® Technology

SB-GF5R

(1) 5-yard roll – 1" width

MADE IN MINNESOTA ★ U.S.A. ★



Visit our website

www.tamarackhti.com

Installation Instructions

Video Available Online

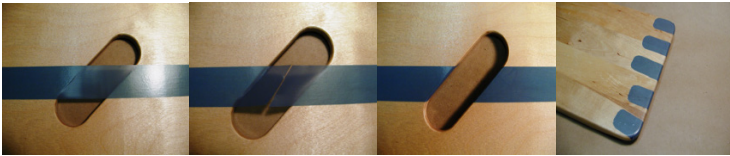
Required Tools and Supplies

Cleaner (soap/water) or rubbing alcohol, tape measure, and scissors

- 1) Before applying tape, clean the transfer board using soap and water or rubbing alcohol to ensure it is clean and free from body oils and debris.
- 2) Determine ideal glidefree™ tape placement (4 or 5 strips recommended), spacing the tape approx. 1/2" apart.
- 3) Start placing the tape strips at either end of the board, leaving approx. 1" of tape over the edge. Wrap the end underneath the board to secure.
- 4) Proceed with rolling the tape across to the other end of the transfer board, being sure to keep the tape straight and under slight tension.
- 5) Cut the tape at the opposing end approx. 1" beyond the edge of the board; then wrap underneath the board to secure.

Repeat steps 3-5 for remaining tape strips.

- 6) Press fingertips firmly over entire surface of glidefree™ tape to ensure strong adhesion between the tape and transfer board.



Photos above illustrate tape application around transfer board handles and each end of the board.

User Tips

glidefree™ transfer board tape is intended to reduce friction between your body and the transfer device—with or without clothing and in wet or dry transfers.

- Use **CAUTION** as you begin using the transfer board with glidefree™ tape, as it now has a more slippery surface than what you may be accustomed to. We recommend having someone nearby to ensure you transfer safely during the first few uses.
- If you have any concerns about safe use of this product, discontinue use immediately and contact your therapist or assistive technology professional for assistance in using your transfer board.
- On occasions where the transfer board needs to be higher on one end, use **CAUTION** to prevent uncontrolled transfers. If height differences between transfer points is a routine issue, reduce or increase the number of glidefree™ strips to control the amount of friction reduction achieved for safe and effective use.
- glidefree™ tape will reach optimal adhesion to the transfer board 24 hours after application. If possible, avoid wet transfers for the first 24 hours.

To view a short video tutorial, visit our website

www.tamarackhti.com